

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****SUPER JUNIOR MALE - DEVELOPMENT - YELLOW - IL JANG**

	NAME	CLUB
GOLD	ADAM DUNCAN CAMPBELL	TOP TAEKWONDO ACADEMY
SILVER	COLBY TAN	IL JIN TAEKWONDO
BRONZE (3RD)	ANG JUN KAI IAN	VERVE TAEKWONDO
BRONZE (4TH)	EEDENS ONG YOU SEN	T & T TKD

SUPER JUNIOR MALE - DEVELOPMENT - GREEN-TIP - EE JANG

	NAME	CLUB
GOLD	CHEONG RUI HENG, VYNCE	VERVE TAEKWONDO
SILVER	LOH XIANG RUI TITUS	T & T TKD
BRONZE (3RD)	GOH CHERNG HAO	JH KIM TAEKWONDO INSTITUTE - SERANGOON
BRONZE (4TH)	NEO HEAN KAI	T & T TKD

SUPER JUNIOR MALE - DEVELOPMENT - GREEN - SAM JANG

	NAME	CLUB
GOLD	TAN FENG QI	TAESEONG TAEKWONDO
SILVER	LEWIS LEE	TAESEONG TAEKWONDO
BRONZE (3RD)	HENG AIK TENG	TAESEONG TAEKWONDO
BRONZE (4TH)	JAKE CHEN	KTMA

SUPER JUNIOR MALE - DEVELOPMENT - BLUE-TIP - SA JANG

	NAME	CLUB
GOLD	LIAM YANG	DOUBLED TAEKWONDO
SILVER	KOVACS MARTIN	JEONG-IN TAEKWONDO
BRONZE (3RD)	LI LIN XUAN	JEONG-IN TAEKWONDO (PUNGGOL)
BRONZE (4TH)	SAMUEL EVAN KRISNA	JEONG-IN TAEKWONDO (PUNGGOL)

SUPER JUNIOR MALE - DEVELOPMENT - BLUE - O JANG

	NAME	CLUB
GOLD	JASPER SEANG QUAN FENG	VERVE TAEKWONDO
SILVER	LEOW HAO ZHE	JOHAN TAEKWONDO INSTITUTE KATONG
BRONZE (3RD)	EMERSON LEAU	JEONG-IN TAEKWONDO (PUNGGOL)

SUPER JUNIOR MALE - DEVELOPMENT - RED-TIP - YUK JANG

	NAME	CLUB
GOLD	MAX CHEE HONG YU	GLOBAL TAEKWONDO ACADEMY
SILVER	LEOW HAO ZHE	JOHAN TAEKWONDO INSTITUTE KATONG

SUPER JUNIOR MALE - DEVELOPMENT - RED - CHIL JANG

	NAME	CLUB
GOLD	SETH KERK CHEN XI	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	GREGORY WAN YI KAI	KICKMATICS TAEKWONDO
BRONZE (3RD)	REUBEN BENJAMIN SHANAZ	KICKMATICS TAEKWONDO
BRONZE (4TH)	ZHOU MINYOU	JH KIM TAEKWONDO INSTITUTE - SERANGOON

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****SUPER JUNIOR MALE - DEVELOPMENT - BLACK-TIP - PAL JANG**

	NAME	CLUB
GOLD	ZAAC LEE ZHAN YI	JH KIM TAEKWONDO INSTITUTE - SERANGOON

YOUNG JUNIOR MALE - DEVELOPMENT - YELLOW - IL JANG

	NAME	CLUB
GOLD	RICHARD DRAKE LEE	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	YOW CHEK NING CAYDEN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

YOUNG JUNIOR MALE - DEVELOPMENT - GREEN-TIP - EE JANG

	NAME	CLUB
GOLD	LOH XUE XI	JEONG-IN TAEKWONDO
SILVER	NG JIN XUAN ZAYDEN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (3RD)	JAYDEN FOO YU XIANG	JEONG-IN TAEKWONDO (PUNGGOL)

YOUNG JUNIOR MALE - DEVELOPMENT - GREEN - SAM JANG

	NAME	CLUB
GOLD	DHIVAKAR L	KALAM UV TAEKWONDO CLUB
SILVER	HENG AIK JUN	TAESEONG TAEKWONDO
BRONZE (3RD)	SENTHIL KUMAR KAUSHIK	VERVE TAEKWONDO
BRONZE (4TH)	JAEVEN TOH YI HAN	IL JIN TAEKWONDO

YOUNG JUNIOR MALE - DEVELOPMENT - BLUE-TIP - SA JANG

	NAME	CLUB
GOLD	LIM YAO HONG	AKIRA X TAEKWONDO
SILVER	JENSON ENG JING HENG	T & T TKD
BRONZE (3RD)	ZACHARIAH WEBSTER	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (4TH)	HADA CHANG	JH KIM TAEKWONDO INSTITUTE - SERANGOON

YOUNG JUNIOR MALE - DEVELOPMENT - BLUE - O JANG

	NAME	CLUB
GOLD	HARRY TAN JIANKAI	AKIRA X TAEKWONDO
SILVER	ORION CHNG YU QUAN	JOHAN TAEKWONDO INSTITUTE HOLLAND

YOUNG JUNIOR MALE - DEVELOPMENT - RED-TIP - YUK JANG

	NAME	CLUB
GOLD	KWOK KAI KIAT CLOVIS	JOHAN TAEKWONDO INSTITUTE KATONG
SILVER	HARRY TAN JIANKAI	AKIRA X TAEKWONDO
BRONZE (3RD)	NG JING YANG ANDERS	JEONG-IN TAEKWONDO
BRONZE (4TH)	NASSN YUSUF KHATIWADA	T & T TKD

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****YOUNG JUNIOR MALE - DEVELOPMENT - RED - CHIL JANG**

	NAME	CLUB
GOLD	ADITYA GUHA	TAESEONG TAEKWONDO
SILVER	HARRY TAN JIANKAI	AKIRA X TAEKWONDO
BRONZE (3RD)	KWOK KAI KIAT CLOVIS	JOHAN TAEKWONDO INSTITUTE KATONG
BRONZE (4TH)	LEOW HAO RAN	JOHAN TAEKWONDO INSTITUTE KATONG

YOUNG JUNIOR MALE - DEVELOPMENT - BLACK-TIP - PAL JANG

	NAME	CLUB
GOLD	QUE HAN DAO	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	LIM YONG SHENG RANDALL	KTMA
BRONZE (3RD)	CUFF ASHER NATHAN	JEONG-IN TAEKWONDO
BRONZE (4TH)	TIMOTHY CHAN YI KAI	TAESEONG TAEKWONDO BUKIT TIMAH

CADET MALE - DEVELOPMENT - YELLOW - IL JANG

	NAME	CLUB
GOLD	EZEKIEL PHUA ZHEN YI	JH KIM TAEKWONDO INSTITUTE - SERANGOON

CADET MALE - DEVELOPMENT - GREEN - EE JANG

	NAME	CLUB
GOLD	BHARATH G	KALAM UV TAEKWONDO CLUB
SILVER	JORDAN ADELBERT	JOHAN TAEKWONDO INSTITUTE THOMSON
BRONZE (3RD)	ARYAN BIRDARI	JEONG-IN TAEKWONDO PUNGGOL

CADET MALE - DEVELOPMENT - RED-TIP - YUK JANG

	NAME	CLUB
GOLD	IVAN CHONG JIAJUN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	LUKE OTA KEMPSON	TAESEONG TAEKWONDO
BRONZE (3RD)	QUEK KE LE	JEONG-IN TAEKWONDO (PUNGGOL)

CADET MALE - DEVELOPMENT - RED - CHIL JANG

	NAME	CLUB
GOLD	ISAAC CHO SEONG HYEOK	IL JIN TAEKWONDO
SILVER	HUGO TAN SHENGLONG	AKIRA X TAEKWONDO

CADET MALE - DEVELOPMENT - BLACK-TIP - PAL JANG

	NAME	CLUB
GOLD	HUGO TAN SHENGLONG	AKIRA X TAEKWONDO

JUNIOR MALE - DEVELOPMENT - GREEN - SAM JANG

	NAME	CLUB
GOLD	ATHARV YADAV	JOHAN TAEKWONDO INSTITUTE THOMSON

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****JUNIOR MALE - DEVELOPMENT - BLUE - O JANG**

	NAME	CLUB
GOLD	SALMAAN FARSI S	KALAM UV TAEKWONDO CLUB

JUNIOR MALE - DEVELOPMENT - RED-TIP - YUK JANG

	NAME	CLUB
GOLD	CEDRIC CHENG JUN YU	JEONG-IN TAEKWONDO

JUNIOR MALE - DEVELOPMENT - RED - CHIL JANG

	NAME	CLUB
GOLD	ALEXANDER TANG	JOHAN TAEKWONDO INSTITUTE THOMSON
SILVER	BALAJI D	KALAM UV TAEKWONDO CLUB

JUNIOR MALE - DEVELOPMENT - BLACK-TIP - PAL JANG

	NAME	CLUB
GOLD	DIVAKAR K	KALAM UV TAEKWONDO CLUB
SILVER	MAX EVAN PORTILLA	JEONG-IN TAEKWONDO

SENIOR 1 MALE - DEVELOPMENT - GREEN - SAM JANG

	NAME	CLUB
GOLD	NATHAN KUAK	TOP TAEKWONDO ACADEMY

SENIOR 1 MALE - DEVELOPMENT - BLUE-TIP - SA JANG

	NAME	CLUB
GOLD	CHONG SANGHIL	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

SENIOR 1 MALE - DEVELOPMENT - RED-TIP - YUK JANG

	NAME	CLUB
GOLD	LEONG NGO CHUN LUCAS	JOHAN TAEKWONDO INSTITUTE KATONG

SENIOR 1 MALE - DEVELOPMENT - RED - CHIL JANG

	NAME	CLUB
GOLD	LEONG NGO CHUN LUCAS	JOHAN TAEKWONDO INSTITUTE KATONG

SENIOR 1 MALE - DEVELOPMENT - BLACK-TIP - PAL JANG

	NAME	CLUB
GOLD	GNANA PRAKASH M	KALAM UV TAEKWONDO CLUB
SILVER	MUHAMMAD ADLI BIN FAIZAL	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

SENIOR 2 MALE - DEVELOPMENT - BLUE - O JANG

	NAME	CLUB
GOLD	ALEX ANAK STEPHEN SAMBAU	JOHAN TAEKWONDO INSTITUTE THOMSON

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****SENIOR 2 MALE - DEVELOPMENT - BLACK-TIP - PAL JANG**

	NAME	CLUB
GOLD	TAN JIN HUI JOEL	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

SENIOR 3 MALE - DEVELOPMENT - GREEN - SAM JANG

	NAME	CLUB
GOLD	OW TUCK LOON ADRIAN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

SENIOR 3 MALE - DEVELOPMENT - BLUE-TIP - SA JANG

	NAME	CLUB
GOLD	NICHOLAS LEE	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	VLAD KIM	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

SENIOR 3 MALE - DEVELOPMENT - BLUE - O JANG

	NAME	CLUB
GOLD	CHONG SOON KEONG ANTHONY	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****SUPER JUNIOR MALE - DEVELOPMENT - POOM 1 - KORYO**

	NAME	CLUB
GOLD	JASON QIU ZICHEN	JOHAN TAEKWONDO INSTITUTE HOLLAND
SILVER	CHARLES KONG SHING CHAK	JOHAN TAEKWONDO INSTITUTE HOLLAND
BRONZE (3RD)	EZEN EER	JH KIM TAEKWONDO INSTITUTE - SERANGOON

YOUNG JUNIOR MALE - DEVELOPMENT - POOM 1 - KORYO (GROUP A)

	NAME	CLUB
GOLD	JAMES LEE HEE CHAN	JH KIM TAEKWONDO INSTITUTE - SERANGOON
SILVER	ADEN CHONG JUN TENG	JH KIM TAEKWONDO INSTITUTE - SERANGOON
BRONZE (3RD)	SHERWYN CHUA	TAESEONG TAEKWONDO
BRONZE (4TH)	TAN XU HENG CAIUS	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

YOUNG JUNIOR MALE - DEVELOPMENT - POOM 1 - KORYO (GROUP B)

	NAME	CLUB
GOLD	DOMINIC ZUO CHUNYU	JH KIM TAEKWONDO INSTITUTE - SERANGOON
SILVER	MITCHELL KODY CHAN	GLOBAL TAEKWONDO ACADEMY
BRONZE (3RD)	THEODORE XERXES NEO BAO CONG	JOHAN TAEKWONDO INSTITUTE KATONG
BRONZE (4TH)	THADDEUS LOO WEN CHEN	JH KIM TAEKWONDO INSTITUTE - SERANGOON

YOUNG JUNIOR MALE - DEVELOPMENT - POOM 1 - KORYO (GROUP C)

	NAME	CLUB
GOLD	EDWARD MICHAEL BURLEIGH	JH KIM TAEKWONDO INSTITUTE - SERANGOON
SILVER	MAIDAR NAGAR	JOHAN TAEKWONDO INSTITUTE HOLLAND
BRONZE (3RD)	AAYDEN YIP	TAESEONG TAEKWONDO
BRONZE (4TH)	WALLACE LEE JIAHANG	JH KIM TAEKWONDO INSTITUTE - SERANGOON

YOUNG JUNIOR MALE - DEVELOPMENT - POOM 2 - KEUMGANG (GROUP A)

	NAME	CLUB
GOLD	YEO JUN XI JERALD	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	LIM ENXI	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (3RD)	KENDRIX KAM JING YANG	IL JIN TAEKWONDO
BRONZE (4TH)	EYAN EER	JH KIM TAEKWONDO INSTITUTE - SERANGOON

YOUNG JUNIOR MALE - DEVELOPMENT - POOM 2 - KEUMGANG (GROUP B)

	NAME	CLUB
GOLD	LEE ANSEL	TAESEONG TAEKWONDO
SILVER	JAVEN CHONG YINGZHI	JH KIM TAEKWONDO INSTITUTE - SERANGOON
BRONZE (3RD)	ETHAN LIOW YONG EN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (4TH)	LIM WEN ZHEN DYLAN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****YOUNG JUNIOR MALE - DEVELOPMENT - POOM 3 - TAEBAEK**

	NAME	CLUB
GOLD	JONATHAN S	TAESEONG TAEKWONDO
SILVER	ETHAN LIOW YONG EN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (3RD)	YEO JUN XI JERALD	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (4TH)	ANDERS YOON GEON WOO	JH KIM TAEKWONDO INSTITUTE - SERANGOON

CADET MALE - DEVELOPMENT - POOM 1 - KORYO

	NAME	CLUB
GOLD	ISAAC SIM HONG YIN	JH KIM TAEKWONDO INSTITUTE - SERANGOON
SILVER	ISAAC KOH	GLOBAL TAEKWONDO ACADEMY
BRONZE (3RD)	JAYDEN NG ZI RUI	GLOBAL TAEKWONDO ACADEMY
BRONZE (4TH)	DAANISH IZZUDDIN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

CADET MALE - DEVELOPMENT - POOM 2 - KEUMGANG (GROUP A)

	NAME	CLUB
GOLD	AARON LIAN XITAO	JH KIM TAEKWONDO INSTITUTE - SERANGOON
SILVER	ISAAC KOH	GLOBAL TAEKWONDO ACADEMY
BRONZE (3RD)	TAN GUAN WEN OSCAR	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (4TH)	TAY KAI YUAN REGAN	TAISTELLA SPORTS

CADET MALE - DEVELOPMENT - POOM 2 - KEUMGANG (GROUP B)

	NAME	CLUB
GOLD	HOWIE LIAN XIHAO	JH KIM TAEKWONDO INSTITUTE - SERANGOON
SILVER	JEREMIAH LEE JIE-REN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (3RD)	ARTH DUTTA	JOHAN TAEKWONDO INSTITUTE KATONG
BRONZE (4TH)	TRISTAN RAY KOH PEREIRA	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

CADET MALE - DEVELOPMENT - POOM 3 - TAEBAEK

	NAME	CLUB
GOLD	KAEDRIN ISAACS	ACME APTOS TAEKWONDO
SILVER	WONG YIT TERNG, ETHAN	KTMA
BRONZE (3RD)	NEAW KAI JIE	JH KIM TAEKWONDO INSTITUTE - SERANGOON
BRONZE (4TH)	BORNEO LEE KUM RUU	KTMA

JUNIOR MALE - DEVELOPMENT - DAN 1 - KORYO

	NAME	CLUB
GOLD	NICHOLAS KHAW	GLOBAL TAEKWONDO ACADEMY
SILVER	ISAAC KITH LOH XUAN ZHI	GLOBAL TAEKWONDO ACADEMY
BRONZE (3RD)	AARON SIM	AKIRA X TAEKWONDO
BRONZE (4TH)	PETER PRESTON CHONG KA YEONG	INDUK TAEKWONDO

JUNIOR MALE - DEVELOPMENT - DAN 2 - KEUMGANG

	NAME	CLUB
GOLD	GIDEON LEE YAN ZU	IL JIN TAEKWONDO

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****JUNIOR MALE - DEVELOPMENT - DAN 3 - TAEBAEK**

	NAME	CLUB
GOLD	NICHOLAS KHAW	GLOBAL TAEKWONDO ACADEMY
SILVER	NATHANAEL JUDE JOSEPH	CADRE ACADEMY
BRONZE (3RD)	KHOO ZHI CHENG ANDREW	JH KIM TAEKWONDO INSTITUTE - SERANGOON

SENIOR 1 MALE - DEVELOPMENT - DAN 1 - KORYO

	NAME	CLUB
GOLD	JARRYL KOR EN SHUO	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

SENIOR 1 MALE - DEVELOPMENT - DAN 2 - KEUMGANG

	NAME	CLUB
GOLD	ZHU KUNYUAN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	D'ARTAGNAN DONAVAN DE CRUZ	JOHAN TAEKWONDO INSTITUTE THOMSON
BRONZE (3RD)	LEK YU CHENG BRYAN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (4TH)	JONATHAN CHONG KA CHUN	INDUK TAEKWONDO

SENIOR 1 MALE - DEVELOPMENT - DAN 3 - TAEBAEK

	NAME	CLUB
GOLD	D'ARTAGNAN DONAVAN DE CRUZ	JOHAN TAEKWONDO INSTITUTE THOMSON
SILVER	LEE JUN WEE	VERVE TAEKWONDO
BRONZE (3RD)	LEK YU CHENG BRYAN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

SENIOR 1 MALE - DEVELOPMENT - DAN 4 - PYONGWON

	NAME	CLUB
GOLD	ZHU KUNYUAN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

SENIOR 2 MALE - DEVELOPMENT - DAN 1 - KORYO

	NAME	CLUB
GOLD	LO CHII NGUONG	JH KIM TAEKWONDO INSTITUTE - SERANGOON

SENIOR 2 MALE - DEVELOPMENT - DAN 4 - PYONGWON

	NAME	CLUB
GOLD	CHIN ZI AN	T & T TKD

SENIOR 3 MALE - DEVELOPMENT - DAN 2 - KEUMGANG

	NAME	CLUB
GOLD	KHOO JIA LU JACKSON	JH KIM TAEKWONDO INSTITUTE - SERANGOON
SILVER	MOHD ESNU KHALIDI BIN ABD HALIM	JOHAN TAEKWONDO INSTITUTE THOMSON

MASTER 1 MALE - DEVELOPMENT - DAN 1 - KORYO

	NAME	CLUB
GOLD	TENG YEW SEN	INDUK TAEKWONDO

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****MASTER 1 MALE - DEVELOPMENT - DAN 2 - KEUMGANG**

	NAME	CLUB
GOLD	LEE THENG KAO KRISS	TAISTELLA SPORTS

YOUNG JUNIOR MALE - INTERNATIONAL - POOM - PAL JANG, KEUMGANG

	NAME	CLUB
GOLD	ETHAN LIOW YONG EN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	MITCHELL KODY CHAN	GLOBAL TAEKWONDO ACADEMY
BRONZE (3RD)	YEO JUN XI JERALD	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (4TH)	LIM WEN ZHEN DYLAN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

CADET MALE - INTERNATIONAL - POOM - PAL JANG, KORYO

	NAME	CLUB
GOLD	ISAAC KOH	GLOBAL TAEKWONDO ACADEMY
SILVER	ISAAC SIM HONG YIN	JH KIM TAEKWONDO INSTITUTE - SERANGOON
BRONZE (3RD)	TAN GUAN WEN OSCAR	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (4TH)	ARTH DUTTA	JOHAN TAEKWONDO INSTITUTE KATONG

JUNIOR MALE - INTERNATIONAL - DAN - KEUMGANG, TAEBAEK

	NAME	CLUB
GOLD	NICHOLAS KHAW	GLOBAL TAEKWONDO ACADEMY
SILVER	ISAAC KITH LOH XUAN ZHI	GLOBAL TAEKWONDO ACADEMY

SENIOR 1 MALE - INTERNATIONAL - DAN - KEUMGANG, TAEBAEK

	NAME	CLUB
GOLD	KIM KYEONG BAE	IL JIN TAEKWONDO
SILVER	SEO WON WOO	TAESEONG TAEKWONDO BUKIT TIMAH
BRONZE (3RD)	D'ARTAGNAN DONAVAN DE CRUZ	JOHAN TAEKWONDO INSTITUTE THOMSON

SENIOR 2 MALE - INTERNATIONAL - DAN - TAEBAEK, SIPJIN

	NAME	CLUB
GOLD	PARK SEONG JONG	IL JIN TAEKWONDO

SENIOR 3 MALE - INTERNATIONAL - DAN - PYONGWON, JITAE

	NAME	CLUB
GOLD	LAI HAN SENG	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****SUPER JUNIOR FEMALE - DEVELOPMENT - YELLOW - IL JANG**

	NAME	CLUB
GOLD	LIN XI CHEN	IL JIN TAEKWONDO
SILVER	JOLECIA SEANG SHI QI	VERVE TAEKWONDO
BRONZE (3RD)	JETHI SHEYLA LEE	TAISTELLA SPORTS
BRONZE (4TH)	JETHI SHEA LEE	TAISTELLA SPORTS

SUPER JUNIOR FEMALE - DEVELOPMENT - GREEN-TIP - EE JANG

	NAME	CLUB
GOLD	JENELLE ENG JING EN	T & T TKD
SILVER	ADELE ONG AN PING	TAESEONG TAEKWONDO BUKIT TIMAH
SILVER	ANANYA ARIBABU	VERVE TAEKWONDO
BRONZE (3RD)	NG MEI XUAN ELEXIS	J H KM TAEKWONDO INSTITUTE (BUKIT TIMAH)

SUPER JUNIOR FEMALE - DEVELOPMENT - GREEN - SAM JANG

	NAME	CLUB
GOLD	LOUISE SUA CHI LIN	J H KM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	LEAH SIM YAN XI	JH KIM TAEKWONDO INSTITUTE - SERANGOON

SUPER JUNIOR FEMALE - DEVELOPMENT - BLUE-TIP - SA JANG

	NAME	CLUB
GOLD	ZHI ALEXIS	TAESEONG TAEKWONDO
SILVER	ZHIXUAN ZENG	JOHAN TAEKWONDO INSTITUTE HOLLAND

SUPER JUNIOR FEMALE - DEVELOPMENT - BLUE - O JANG

	NAME	CLUB
GOLD	CHARLOTTE TEO XIN RU	JEONG-IN TAEKWONDO

SUPER JUNIOR FEMALE - DEVELOPMENT - RED-TIP - YUK JANG

	NAME	CLUB
GOLD	JANELLE ONG	JH KIM TAEKWONDO INSTITUTE - SERANGOON

SUPER JUNIOR FEMALE - DEVELOPMENT - RED - CHIL JANG

	NAME	CLUB
GOLD	HESSA RAI BINTE ROBBY	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

YOUNG JUNIOR FEMALE - DEVELOPMENT - YELLOW - IL JANG

	NAME	CLUB
GOLD	ALEXIS GOH LI CHEE	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	LEE JING XUAN SHANNON	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (3RD)	CHARLIN ONG WOON CHIEN	T & T TKD

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****YOUNG JUNIOR FEMALE - DEVELOPMENT - GREEN-TIP - EE JANG**

	NAME	CLUB
GOLD	CAEYLA ELIZABETH CHEONG HUI	JH KIM TAEKWONDO INSTITUTE - SERANGOON
SILVER	ANG JIE EN MICHELLE	VERVE TAEKWONDO

YOUNG JUNIOR FEMALE - DEVELOPMENT - GREEN - SAM JANG

	NAME	CLUB
GOLD	AGNA RAHUL	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	HANSIKA VENKATESH	VERVE TAEKWONDO
BRONZE (3RD)	NOELLE NG XUAN YA	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (4TH)	KATIE TAN LERU	AKIRA X TAEKWONDO

YOUNG JUNIOR FEMALE - DEVELOPMENT - BLUE-TIP - SA JANG

	NAME	CLUB
GOLD	DANIELLE TAN	JH KIM TAEKWONDO INSTITUTE - SERANGOON
SILVER	FOO HUI XUAN	JH KIM TAEKWONDO INSTITUTE - SERANGOON
BRONZE (3RD)	HANNAH MAE SHUGG	KTMA
BRONZE (4TH)	DEYNSIKAA GUNALAN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

YOUNG JUNIOR FEMALE - DEVELOPMENT - BLUE - O JANG

	NAME	CLUB
GOLD	SHRAVANI B. R	KALAM UV TAEKWONDO CLUB
SILVER	SKYLAR CHAN OI KEI	TOP TAEKWONDO ACADEMY
BRONZE (3RD)	FELICIA DING	JEONG-IN TAEKWONDO (PUNGGOL)

YOUNG JUNIOR FEMALE - DEVELOPMENT - RED-TIP - YUK JANG

	NAME	CLUB
GOLD	LYRIS SIM HSIAO YU	AKIRA X TAEKWONDO
SILVER	KWOK KAI TONG CLARYCE	JOHAN TAEKWONDO INSTITUTE KATONG
BRONZE (3RD)	ISABELLE MAH SHI YING	IL JIN TAEKWONDO
BRONZE (4TH)	ZHANG YU CHEN	JEONG-IN TAEKWONDO (PUNGGOL)

YOUNG JUNIOR FEMALE - DEVELOPMENT - RED - CHIL JANG

	NAME	CLUB
GOLD	CHAI ARIEL CHANG YUE	JH KIM TAEKWONDO INSTITUTE - SERANGOON
SILVER	LYRIS SIM HSIAO YU	AKIRA X TAEKWONDO
BRONZE (3RD)	JANELLE SONG	KTMA
BRONZE (4TH)	ALEENA QAMAR SALEEM	TAESEONG TAEKWONDO BUKIT TIMAH

YOUNG JUNIOR FEMALE - DEVELOPMENT - BLACK-TIP - PAL JANG

	NAME	CLUB
GOLD	TAN XUAN WEN OLIVIA	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	LYRIS SIM HSIAO YU	AKIRA X TAEKWONDO

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****CADET FEMALE - DEVELOPMENT - YELLOW - IL JANG**

	NAME	CLUB
GOLD	VIDHYA R	KALAM UV TAEKWONDO CLUB
SILVER	WANG LOK TUNG	JEONG-IN TAEKWONDO
BRONZE (3RD)	WANG KE YING	JEONG-IN TAEKWONDO

CADET FEMALE - DEVELOPMENT - GREEN-TIP - EE JANG

	NAME	CLUB
GOLD	ISABELLE LAI	JOHAN TAEKWONDO INSTITUTE THOMSON
SILVER	IPSHITA PALIWAL	JEONG-IN TAEKWONDO (PUNGGOL)

CADET FEMALE - DEVELOPMENT - GREEN - SAM JANG

	NAME	CLUB
GOLD	CHIA EN XUAN JOLYNNA	JEONG-IN TAEKWONDO (PUNGGOL)
SILVER	WEE SHI HAN SHINA	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

CADET FEMALE - DEVELOPMENT - BLUE-TIP - SA JANG

	NAME	CLUB
GOLD	FAITH SEAH SHI YING	AKIRA X TAEKWONDO
SILVER	WOO YIN HUEN	JH KIM TAEKWONDO INSTITUTE - SERANGOON
BRONZE (3RD)	EMMA OWL ZI HAN	JH KIM TAEKWONDO INSTITUTE - SERANGOON

CADET FEMALE - DEVELOPMENT - BLUE - O JANG

	NAME	CLUB
GOLD	LANDEE NEO	AKIRA X TAEKWONDO
SILVER	FAITH SEAH SHI YING	AKIRA X TAEKWONDO

CADET FEMALE - DEVELOPMENT - RED-TIP - YUK JANG

	NAME	CLUB
GOLD	LANDEE NEO	AKIRA X TAEKWONDO
SILVER	NATALIE ONG YING EN	VERVE TAEKWONDO
BRONZE (3RD)	FAITH SEAH SHI YING	AKIRA X TAEKWONDO

CADET FEMALE - DEVELOPMENT - RED - CHIL JANG

	NAME	CLUB
GOLD	LANDEE NEO	AKIRA X TAEKWONDO
SILVER	TAN SHENG HAN	KTMA

CADET FEMALE - DEVELOPMENT - BLACK-TIP - PAL JANG

	NAME	CLUB
GOLD	SABRINA FELICITY	TAESEONG TAEKWONDO
SILVER	SRISHTI SOMANI	JEONG-IN TAEKWONDO (PUNGGOL)

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****JUNIOR FEMALE - DEVELOPMENT - YELLOW - IL JANG**

	NAME	CLUB
GOLD	VALENTINA STUMMER	KTMA

JUNIOR FEMALE - DEVELOPMENT - GREEN - SAM JANG

	NAME	CLUB
GOLD	DISHNA PRIYA G	KALAM UV TAEKWONDO CLUB
SILVER	LIM JIA EN	VERVE TAEKWONDO
BRONZE (3RD)	CHRISTINE LEE	JEONG IN TAEKWONDO BUONA VISTA
BRONZE (4TH)	SHAH YASHVI TEJAS	JEONG-IN TAEKWONDO (PUNGGOL)

JUNIOR FEMALE - DEVELOPMENT - BLUE - O JANG

	NAME	CLUB
GOLD	TARA JADE BARAN	JOHAN TAEKWONDO INSTITUTE THOMSON

JUNIOR FEMALE - DEVELOPMENT - RED-TIP - YUK JANG

	NAME	CLUB
GOLD	DENISE LIM	JOHAN TAEKWONDO INSTITUTE THOMSON
SILVER	TARA JADE BARAN	JOHAN TAEKWONDO INSTITUTE THOMSON
BRONZE (3RD)	SUJITHA S	KALAM UV TAEKWONDO CLUB

JUNIOR FEMALE - DEVELOPMENT - BLACK-TIP - PAL JANG

	NAME	CLUB
GOLD	SANDHIYA R	KALAM UV TAEKWONDO CLUB
SILVER	SHAKTHI PRIYA M	KALAM UV TAEKWONDO CLUB
BRONZE (3RD)	ZOE NG	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

SENIOR 1 FEMALE - DEVELOPMENT - YELLOW - IL JANG

	NAME	CLUB
GOLD	KOH HUI XIN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	NOOR FARAIN BINTI ROZINE	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (3RD)	KOO KWAN YEE	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (4TH)	LEOW XIN YI	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

SENIOR 1 FEMALE - DEVELOPMENT - GREEN-TIP - EE JANG

	NAME	CLUB
GOLD	LEONG SHEAU ZHIN (CATHERYN)	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	TEOH SU MIANG	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

SENIOR 1 FEMALE - DEVELOPMENT - GREEN - SAM JANG

	NAME	CLUB
GOLD	CHARMAINE GOH	TAESEONG TAEKWONDO BUKIT TIMAH
SILVER	PAVITHRA R	KALAM UV TAEKWONDO CLUB
BRONZE (3RD)	DERUTAS GRETA DIGDIGAN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****SENIOR 1 FEMALE - DEVELOPMENT - BLUE-TIP - SA JANG**

	NAME	CLUB
GOLD	EVELYNE CHUA	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	EU HUI SHUEN	JOHAN TAEKWONDO INSTITUTE KATONG

SENIOR 1 FEMALE - DEVELOPMENT - RED - CHIL JANG

	NAME	CLUB
GOLD	TAN YEE HWEE	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

SENIOR 1 FEMALE - DEVELOPMENT - BLACK-TIP - PAL JANG

	NAME	CLUB
GOLD	TAN WEI QING REGINA	JOHAN TAEKWONDO INSTITUTE THOMSON
SILVER	DEVADHARSHINI S	KALAM UV TAEKWONDO CLUB
BRONZE (3RD)	SIN YU XIN	JOHAN TAEKWONDO INSTITUTE THOMSON

SENIOR 2 FEMALE - DEVELOPMENT - GREEN - SAM JANG

	NAME	CLUB
GOLD	SALLY LEE	JOHAN TAEKWONDO INSTITUTE THOMSON

SENIOR 2 FEMALE - DEVELOPMENT - BLUE - O JANG

	NAME	CLUB
GOLD	THANDAR HLAING	IL JIN TAEKWONDO

SENIOR 2 FEMALE - DEVELOPMENT - BLACK-TIP - PAL JANG

	NAME	CLUB
GOLD	DIVYA YUVARAJ	KALAM UV TAEKWONDO CLUB

SENIOR 3 FEMALE - DEVELOPMENT - BLACK-TIP - PAL JANG

	NAME	CLUB
GOLD	LOW SOKE HOOI JEANIE	JOHAN TAEKWONDO INSTITUTE THOMSON

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****SUPER JUNIOR FEMALE - DEVELOPMENT - POOM 1 - KORYO**

	NAME	CLUB
GOLD	OW CAYLEE	TAESEONG TAEKWONDO
SILVER	VALERIE XU RUI HAN	ACME APTOS TAEKWONDO
BRONZE (3RD)	MEGAN GOO JIA XUAN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (4TH)	LIM YAN YAN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

YOUNG JUNIOR FEMALE - DEVELOPMENT - POOM 1 - KORYO (GROUP A)

	NAME	CLUB
GOLD	CHERYLYN KOH KHIM HUI	JOHAN TAEKWONDO INSTITUTE HOLLAND
SILVER	MERANDA CHEE JIA LE	GLOBAL TAEKWONDO ACADEMY
BRONZE (3RD)	SOPHIA LIM EN QI	JOHAN TAEKWONDO INSTITUTE HOLLAND
BRONZE (4TH)	LEE YI CHEN	JH KIM TAEKWONDO (MAIN)

YOUNG JUNIOR FEMALE - DEVELOPMENT - POOM 1 - KORYO (GROUP B)

	NAME	CLUB
GOLD	SOFIA RAI BINTE ROBBY	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	CHIYOKO OKADA	JOHAN TAEKWONDO INSTITUTE HOLLAND
BRONZE (3RD)	EVA MICHAELA BURLEIGH	JH KIM TAEKWONDO INSTITUTE - SERANGOON
BRONZE (4TH)	CECILIA KONG SZE SEN	JOHAN TAEKWONDO INSTITUTE HOLLAND

YOUNG JUNIOR FEMALE - DEVELOPMENT - POOM 2 - KEUMGANG

	NAME	CLUB
GOLD	GERMAINE TAN XIN JIE	JH KIM TAEKWONDO INSTITUTE - SERANGOON
SILVER	YEO CHEN XI KAYLEA	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (3RD)	ISABEL CHOO PEI CHI	JH KIM TAEKWONDO (MAIN)
BRONZE (4TH)	RICHELLE CHEW LI TONG	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

YOUNG JUNIOR FEMALE - DEVELOPMENT - POOM 3 - TAEBAEK

	NAME	CLUB
GOLD	GERMAINE TAN XIN JIE	JH KIM TAEKWONDO INSTITUTE - SERANGOON
SILVER	YEO CHEN XI KAYLEA	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (3RD)	WONG WAN YEE, ELISHA	KTMA

YOUNG JUNIOR FEMALE - DEVELOPMENT - POOM 4 - PYONGWON

	NAME	CLUB
GOLD	YEO CHEN XI KAYLEA	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

CADET FEMALE - DEVELOPMENT - POOM 1 - KORYO

	NAME	CLUB
GOLD	CHERYL KOH YANG HEE	JOHAN TAEKWONDO INSTITUTE HOLLAND
SILVER	SHERILYN CHUA	TAESEONG TAEKWONDO
BRONZE (3RD)	ELIZABETH CHEW JIN YING	JOHAN TAEKWONDO INSTITUTE HOLLAND
BRONZE (4TH)	MAYA DELILAH WANG CHUN YUN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****CADET FEMALE - DEVELOPMENT - POOM 2 - KEUMGANG**

	NAME	CLUB
GOLD	GWEN KOH	HYBSPORT TAEKWONDO
SILVER	TAY CHOON CHI RICHEL	TAISTELLA SPORTS
BRONZE (3RD)	SABRIEL HEA JIA HYUN	JOHAN TAEKWONDO INSTITUTE KATONG

CADET FEMALE - DEVELOPMENT - POOM 3 - TAEBAEK

	NAME	CLUB
GOLD	ZLATA CHAYKUN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	JESSICA S	TAESEONG TAEKWONDO
BRONZE (3RD)	GWEN KOH	HYBSPORT TAEKWONDO
BRONZE (4TH)	VALERIE LOH YONG YEE	KTMA

CADET FEMALE - DEVELOPMENT - POOM 4 - PYONGWON

	NAME	CLUB
GOLD	ZLATA CHAYKUN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	TAY CHOON CHI RICHEL	TAISTELLA SPORTS

JUNIOR FEMALE - DEVELOPMENT - DAN 1 - KORYO

	NAME	CLUB
GOLD	YEO ZIYI EZANN	GLOBAL TAEKWONDO ACADEMY
SILVER	GERRAINE LIAW LING XUAN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (3RD)	HANNAH LIM YI WEN	JH KIM TAEKWONDO (MAIN)
BRONZE (4TH)	CHAN YING JIA	JOHAN TAEKWONDO INSTITUTE KATONG

JUNIOR FEMALE - DEVELOPMENT - DAN 2 - KEUMGANG

	NAME	CLUB
GOLD	DEANDRA DAELYN DE CRUZ	JOHAN TAEKWONDO INSTITUTE THOMSON
SILVER	GERRAINE LIAW LING XUAN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (3RD)	YAU XUAN LIN NATHANIA	JH KIM TAEKWONDO INSTITUTE - SERANGOON
BRONZE (4TH)	YAP JING MEI	JOHAN TAEKWONDO INSTITUTE KATONG

JUNIOR FEMALE - DEVELOPMENT - DAN 3 - TAEBAEK

	NAME	CLUB
GOLD	NICOLE NG ENN YI	KTMA
SILVER	LOUISE FAITH NG	JH KIM TAEKWONDO INSTITUTE - SERANGOON
BRONZE (3RD)	NG YUAN NING	JH KIM TAEKWONDO INSTITUTE - SERANGOON
BRONZE (4TH)	YAP JING MEI	JOHAN TAEKWONDO INSTITUTE KATONG

JUNIOR FEMALE - DEVELOPMENT - DAN 4 - PYONGWON

	NAME	CLUB
GOLD	YAP JING MEI	JOHAN TAEKWONDO INSTITUTE KATONG
SILVER	ISIS CHI	TAESEONG TAEKWONDO

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****SENIOR 1 FEMALE - DEVELOPMENT - DAN 1 - KORYO**

	NAME	CLUB
GOLD	ZHONG RUILIN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
SILVER	LAU WAI YEE HANNAH	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (3RD)	CELYN SEY YIN CHEW	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (4TH)	CAI XINGLIN	JH KIM TAEKWONDO INSTITUTE - SERANGOON

SENIOR 1 FEMALE - DEVELOPMENT - DAN 2 - KEUMGANG

	NAME	CLUB
GOLD	SITI FAJRIYAH BTE MOHD EDDIE	DOUBLED TAEKWONDO
SILVER	RACHEL-ANN CHONG KA YAN	INDUK TAEKWONDO
BRONZE (3RD)	CELYN SEY YIN CHEW	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

SENIOR 1 FEMALE - DEVELOPMENT - DAN 3 - TAEBAEK

	NAME	CLUB
GOLD	ELIZABETH LEE ZHAO EN	JOHAN TAEKWONDO INSTITUTE THOMSON

SENIOR 2 FEMALE - DEVELOPMENT - DAN 1 - KORYO

	NAME	CLUB
GOLD	LIM SIN YEE	JH KIM TAEKWONDO INSTITUTE - SERANGOON
SILVER	LIM HUI SHAN AVRIL	JH KIM TAEKWONDO INSTITUTE - SERANGOON
BRONZE (3RD)	MITA LESTARI KALIANDA	JH KIM TAEKWONDO INSTITUTE - SERANGOON

SENIOR 2 FEMALE - DEVELOPMENT - DAN 2 - KEUMGANG

	NAME	CLUB
GOLD	LEE JIE YING SERENA	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

SENIOR 3 FEMALE - DEVELOPMENT - DAN 1 - KORYO

	NAME	CLUB
GOLD	TEO SEOK HWEE APRIL	TAISTELLA SPORTS

MASTER 1 FEMALE - DEVELOPMENT - DAN 3 - TAEBAEK

	NAME	CLUB
GOLD	ONG MEI CHENG AGNES	JOHAN TAEKWONDO INSTITUTE THOMSON

YOUNG JUNIOR FEMALE - INTERNATIONAL - POOM - PAL JANG, KEUMGANG

	NAME	CLUB
GOLD	GERMAINE TAN XIN JIE	JH KIM TAEKWONDO INSTITUTE - SERANGOON
SILVER	YEO CHEN XI KAYLEA	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (3RD)	ISABEL CHOO PEI CHI	JH KIM TAEKWONDO (MAIN)
BRONZE (4TH)	MERANDA CHEE JIA LE	GLOBAL TAEKWONDO ACADEMY

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2022**RESULTS - POOMSAE****CADET FEMALE - INTERNATIONAL - POOM - PAL JANG, KORYO**

	NAME	CLUB
GOLD	GWEN KOH	HYBSPORT TAEKWONDO
SILVER	ZLATA CHAYKUN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)

JUNIOR FEMALE - INTERNATIONAL - DAN - KEUMGANG, TAEBAEK (GROUP A)

	NAME	CLUB
GOLD	LOUISE FAITH NG	JH KIM TAEKWONDO INSTITUTE - SERANGOON
SILVER	DEANDRA DAELYN DE CRUZ	JOHAN TAEKWONDO INSTITUTE THOMSON
BRONZE (3RD)	GERRAINE LIAW LING XUAN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (4TH)	YEO ZIYI EZANN	GLOBAL TAEKWONDO ACADEMY

JUNIOR FEMALE - INTERNATIONAL - DAN - KEUMGANG, TAEBAEK (GROUP B)

	NAME	CLUB
GOLD	NICOLE NG ENN YI	KTMA
SILVER	NG YUAN NING	JH KIM TAEKWONDO INSTITUTE - SERANGOON
BRONZE (3RD)	AMELIA TAN YING XUAN	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)
BRONZE (4TH)	YAP JING MEI	JOHAN TAEKWONDO INSTITUTE KATONG

SENIOR 1 FEMALE - INTERNATIONAL - DAN - KEUMGANG, TAEBAEK

	NAME	CLUB
GOLD	CHO HYUN JI	TAESEONG TAEKWONDO BUKIT TIMAH
SILVER	KIM NAHYEON	IL JIN TAEKWONDO
BRONZE (3RD)	NG JING-EN JERIKA	J H KIM TAEKWONDO INSTITUTE (BUKIT TIMAH)